

Vulcan Social Prescribing Program Referral

Live Long & Live Well

Patient's Name: _____ Phone: _____

Address: _____ Date of Birth (50+): _____

Preferred Method of Contact: _____ Phone _____ In Person _____ Other _____

TO BE FILLED IN BY PATIENT

Please discuss with your Health Care Professional

Are you currently accessing Home Care services? Yes No

Checklist of Your Concerns:

- | | |
|---|--|
| <input type="checkbox"/> Financial security | <input type="checkbox"/> Transportation needs |
| <input type="checkbox"/> Employment concerns | <input type="checkbox"/> Home supports |
| <input type="checkbox"/> Income tax filing | <input type="checkbox"/> Social interaction |
| <input type="checkbox"/> Application for supports | <input type="checkbox"/> Cultural connections |
| | <input type="checkbox"/> Addictions |
| <input type="checkbox"/> Food affordability | |
| <input type="checkbox"/> Grocery shopping | <input type="checkbox"/> Legal assistance |
| <input type="checkbox"/> Meal assistance | <input type="checkbox"/> Personal safety |
| <input type="checkbox"/> Physical activity level | |
| <input type="checkbox"/> Access to recreation | <input type="checkbox"/> Support with reading or writing |
| <input type="checkbox"/> Coping with grief or loss | <input type="checkbox"/> Caregiver concerns |
| <input type="checkbox"/> Coping with life transitions | <input type="checkbox"/> Cognitive or memory concerns |
| <input type="checkbox"/> Mental health | <input type="checkbox"/> Other _____ |

Social Prescription Referral

Health Care Professional

DD/MM/YY

Informed Consent

_____ I give permission to the Social Prescribing Link Worker to share information and progress with my Health Care Professional. (Please check)

Patient's signature

DD/MM/YY

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Did You Know?

Over 80% of a person's health depends on social determinants of health such as adequate food, housing, income, and relationships with others.

Nearly 100% of Canadians aged 65 and older plan on supporting themselves and living independently and safely in their own homes for as long as possible. Social Prescribing may help achieve that.

What is Social Prescribing? How does it work in the Vulcan Medical Clinic and Community?

Social Prescribing is a holistic, team-based approach to healthcare that bridges the gap between medical and community-based services. In this approach, doctors refer patients through a Link Worker to connect with community-based programs to address the non-medical concerns of patients that may be impacting their health and well-being; such as income, housing, food, transportation and social support. Remember: Social Prescribing is meant to complement your medical health care – not replace it.

What happens when a Social Prescription referral is made? Who is the Link Worker?

If a patient agrees to complete a Social Prescription referral, their health care professional will sign off on the referral and put the patient in touch with the Clinic's Link Worker.

Meet your Link Worker!

Amanda Rodgers is the Social Prescribing Link Worker for the Vulcan County, situated at the Vulcan Medical Clinic.

For more information, please contact your Link Worker at 403-485-1889 or at link@act4health.ca.

